

[HOW HIGH IS BLOOD PRESSURE](#)



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High blood pressure hypertension NHS

Some people with high blood pressure may also need to take one or more medicines to stop their blood pressure getting too high. Read more about how to keep your blood pressure healthy. Medicines for high blood pressure. If you're diagnosed with high blood pressure, your doctor may recommend taking one or more medicines to keep it under control.

<http://ebookslibrary.club/High-blood-pressure--hypertension--NHS.pdf>

Blood Pressure What is high blood pressure

Family history: you are at greater risk if other members of your family have, or have had, high blood pressure. Some people may have high blood pressure that is linked to another medical condition, such as kidney problems. For these people treating the medical problem may lower their blood pressure back to normal. More on Treatments for High Blood Pressure.

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How High Is Too High for Your Blood Pressure Health

How High Is Too High for Your Blood Pressure? If you're over 60 and your doctor is treating you for high blood pressure, your health status and patient history play a key role in that treatment.

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Causes of High Blood Pressure Risk Factors Weight Diet

High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

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High Blood Pressure Hypertension MedicineNet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

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10 ways to control high blood pressure without medication

If you've been diagnosed with high blood pressure, you might be worried about taking medication to bring your numbers down. Lifestyle plays an important role in treating your high blood pressure. If you successfully control your blood pressure with a healthy lifestyle, you might avoid, delay or

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How High Can Blood Pressure Go Our Everyday Life

High blood pressure is considered to be anything over 140/80 because even if the blood pressure is slightly high, it can still do the same damage over the long term. Blood pressure can go as high as 220/120. These levels are dangerously high, and they can result in stroke, internal hemorrhage, cerebral edema or death.

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Blood Pressure Blood pressure chart

140 over 90 (140/90) or higher (over a number of weeks): You may have high blood pressure (hypertension).

Change your lifestyle - see your doctor or nurse and take any medicines they may give you. More on high blood pressure; So: if your top number is 140 or more - then you may have high blood pressure, regardless of your bottom number.

<http://ebookslibrary.club/Blood-Pressure-Blood-pressure-chart.pdf>

Blood pressure Wikipedia

Within both high and low blood pressure groups, a greater degree of fluctuation was found to correlate with an increase in cerebrovascular disease compared to those with less variability, suggesting the consideration of the

clinical management of blood pressure fluctuations, even among normotensive older adults.

<http://ebookslibrary.club/Blood-pressure-Wikipedia.pdf>

High Blood Pressure How High is Too High Job Ready

According to the Centers for Disease Control, 1 in 3 people in the US has High Blood Pressure (HBP), and about 20% of these people don't know they have it.

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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High Blood Pressure National Institute on Aging

Blood pressure is the force of blood pushing against the walls of arteries. When the doctor measures your blood pressure, the results are given in two numbers. The first number, called systolic blood pressure, is the pressure caused by your heart contracting and pushing out blood. The second number

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